



Highfield St Matthew's CE Primary School



Safeguarding in the SHINE Curriculum Long Term Map

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Christian Values Focus	Friendship	Thankfulness	Honesty	Compassion	Justice	Wisdom
	Trust	Peace	Humility	Forgiveness	Service	Hope
Whole School	Youth Mental Health Day – Collective Worship & Themed Activities World Kindness Day – Collective Worship & Themed Activities Anti-Bullying Week – Collective Worships, Odd Socks Day, Themed Activities Road Safety Week – Collective Worship & Themed Activities		Children's Mental Health Week – Collective Worship & Themed Activities Online Safety Day – Collective Worship & Themed Activities		Walk to School Week – Collective Worship & Themed Activities Healthy Eating Week – Collective Worship & Themed Activities	
Nursery	<u>RE</u> I am Special <u>PSCHE</u> Self identity Understanding feelings Being gentle Rights and Responsibilities <u>Understanding the world</u> <u>RE/Festivals</u> Being special: where do we belong? Use the internet with adult supervision and be aware of e-safety	All About Me! <u>PSCHE - Celebrating Difference</u> Being Special Families Making friends Standing up for yourself <u>Understanding the world</u> <u>RE/Festivals</u> Keeping Healthy – Diet and Exercise	<u>PSCHE – Dreams and Goals</u> Perseverance Overcoming obstacles Seeking help	People Who Help Us <u>PSCHE – Healthy Me</u> Exercising bodies Healthy food Sleep Keeping clean Safety <u>Understanding the world</u> <u>RE/Festivals</u> Talk about occupations and how to identify strangers that can help them when they are in need. Road Safety	<u>PSCHE – Relationships</u> Family life Friendships Falling out Dealing with bullying <u>RE</u> Friendships	<u>PSCHE – Changing Me Bodies</u> Respecting my body Growing up Growth and change Fun and fears <u>Understanding the world</u> <u>RE/Festivals</u> Seaside & Sun Safety
EYFS	<u>PSCHE</u> Self-identity Understanding Feelings Rights and responsibilities <u>Communication & Language</u> All about me! <u>Managing Self / Self Regulation</u> See themselves as a valuable individual. <u>Understanding the World / RE Festivals</u> Use the internet with adult supervision and be aware of e-safety (Smartie the Penguin)	<u>PSCHE</u> Identifying talents Being special Families <u>Managing Self / Self Regulation</u> How to deal with anger Emotions Self - Confidence Build constructive and respectful relationships. Ask children to explain to others how they thought about a problem or an emotion and how they dealt with it.	<u>PSCHE</u> Challenges Perseverance Overcoming obstacles Seeking help <u>Managing Self / Self Regulation</u> Good to be me Feelings Learning about qualities and differences Celebrating differences Identify and moderate their own feelings socially and emotionally <u>Understanding the World / RE Festivals</u> Stranger danger (based on Jack	<u>PSCHE</u> Exercising bodies Healthy food Sleep Keeping clean <u>Gross Motor</u> Use picture books and other resources to explain the importance of the different aspects of a healthy lifestyle. <u>Managing Self / Self Regulation</u> Relationships Healthy me <u>Understanding the World / RE</u>	<u>PSCHE</u> Family life Friendships Dealing with bullying <u>Understanding the World / RE Festivals</u> Take children to places of worship and places of local importance to the community.	<u>PSCHE</u> Respecting my body Growing up Growth and change Fun and fears <u>Understanding the World / RE Festivals</u> Other countries – look at flags and discuss local customs and traditions/ traditional foods Discuss how they got to school and what mode of transport they used. Introduce the children to a



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			and the beanstalk). Talking about occupations and how to identify strangers that can help them when they are in need. Being healthy – dental hygiene, vets, hospital role play areas	Festivals Trip to local park; discuss how we will get there. Road Safety		range of transport and where they can be found. Road Safety
Y1	PSCHE Feeling special and safe Rights and responsibilities Rewards and feeling proud Computing Online Safety	PSCHE Understanding bullying and how to deal with it Celebrating difference	PSCHE Setting goals Tackling new challenges Identifying / overcoming obstacles	PSCHE Keeping myself healthy Keeping clean Being safe Medicine safety/safety with household items Road safety	PSCHE Physical contact preferences People who help us Self-acknowledgement Celebrating special relationships Design & Technology Fruit Salad	PSCHE Changes in me Changes since being a baby Differences between female and male bodies (correct terminology) Coping with change PE Health & Fitness
Y2	PSCHE Rights and responsibilities Rewards and consequences Safe and fair learning environments Recognising feelings Computing Online Safety	PSCHE Understanding bullying Standing up for self and others Gender diversity Celebrating difference	PSCHE Achieving realistic goals Perseverance	PSCHE Relaxation Healthy eating & nutrition Science Animals and their needs including humans	PSCHE Physical contact boundaries Secrets Design & Technology Sensational Salad	PSCHE Increasing independence Differences in female and male bodies (correct terminology) Assertiveness PE Health & Fitness
Y3	PSCHE Self-identity and worth Positivity and challenges Rules, rights and responsibilities Rewards and consequences Responsible choices Computing Online Safety	PSCHE Family conflict and how to manage it (child centred) Witnessing bullying and how to solve it Recognising how words can be hurtful	PSCHE Difficult challenges and achieving success Managing feelings	PSCHE Exercise Attitudes towards drugs Keeping safe in online and offline scenarios Respect myself & others Healthy and safe choices	PSCHE Keeping safe online and who to go to for help Design & Technology Healthy Rap!	PSCHE Outside body changes Inside body changes Computing Email Art Have you had your 5-a-day? PE Health & Fitness
Y4	PSCHE Rights and responsibilities and democracy (school council) Rewards and consequences Having a voice Computing Online Safety	PSCHE Accepting self and others Understanding influences Understanding bullying Computing Effective Searching	PSCHE Overcoming disappointment Achieving goals Resilience Positive attitudes	PSCHE Healthier friendships Smoking Alcohol Assertiveness Peer pressure Celebrating inner strength Science The Human Body	PSCHE Jealousy Love and loss Girlfriends and boyfriends Design & Technology The Great British Bread Bake Off	PSCHE Being unique Having a baby Girls and puberty Confidence in change Accepting change Preparing for transition PE Health & Fitness



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<p>Y5</p>	<p><u>PSCHE</u> Rights and responsibilities Rewards and consequences Democracy, having a voice and participating</p> <p><u>Computing</u> Online Safety</p>	<p><u>PSCHE</u> Cultural differences and how they can cause conflict Racism Rumours and name-calling Types of bullying Enjoying and respecting other cultures</p>	<p><u>PSCHE</u> Jobs and careers Motivation</p> <p><u>Science</u> Life Cycles and Reproduction</p>	<p><u>PSCHE</u> Smoking including vaping Alcohol and antisocial behaviour Emergency aid Body image Relationships with food Healthy choices</p>	<p><u>PSCHE</u> Self-recognition and self-worth Safer online communities Rights and responsibilities online Online gaming & gambling Reducing screen time Dangers of online grooming SMART internet safety rules</p>	<p><u>PSCHE</u> Self and body image Influence of online and media on body image Puberty for girls Puberty for boys Conception (including IVF) Growing responsibility Coping with change</p> <p><u>PE</u> Health & Fitness</p>
<p>Y6</p>	<p><u>PSCHE</u> Children's universal rights Feeling welcome and valued Choices, consequences, and rewards Democracy, having a voice Antisocial behaviour Role modelling</p> <p><u>Computing</u> Online Safety</p>	<p><u>PSCHE</u> Perceptions of normality Understanding bullying Inclusion/exclusion Differences as conflict and as celebration</p> <p><u>Computing</u> Blogging</p>	<p><u>PSCHE</u> Emotions in success Motivation Recognising achievements</p> <p><u>Science</u> The Human Body</p>	<p><u>PSCHE</u> Taking personal responsibility How substances affect the body Exploitation, including "County lines" and gang culture Emotional & mental health Managing stress</p> <p><u>RE</u> Loss Death/Christian Hope</p>	<p><u>PSCHE</u> Mental health Identifying mental health worries/support Love and loss Managing feelings Power and control Assertiveness Technology safety Taking responsibility with technology</p>	<p><u>PSCHE</u> Self-image Body-image Puberty and feelings Conception to birth Reflection about change Physical attraction Respect and consent Boyfriends/girlfriends Sexting Transition to high school</p> <p><u>PE</u> Health & Fitness</p>